



City Of Bristol Rowing Club

Adult (18 and over) membership form

Please complete in **BLOCK CAPITALS** (typed, not hand-written) and email back to the **CLUB SECRETARY** secretary@bristolrowing.co.uk

If you are a UK tax payer and you would like our club to claim gift aid on any donations you make please sign and return the attached form (page 4)

About you	
Name:	Address:
Telephone (home):	
Mobile:	
Email:	Postcode:
Emergency contact (friend, spouse, relative, parent or carer)	
Name:	Relationship:
Telephone:	

Rowing experience	
Rower – Points:	Bowside (b) / Strokeside (s)
Sculler – Points:	Steersperson (coxless boat)
Coach Award:	
Rowing Experience / History	

Membership fees (Set up your SO with your bank yourself or hand your cheque to our treasurer)	
<input type="checkbox"/> Monthly Standing Order	
<input type="checkbox"/> Full (£25.50)	<input type="checkbox"/> Student (£18.00)
<input type="checkbox"/> Enhanced (with racking for one seat) (£25.50+£14.50=£40.00)	
<input type="checkbox"/> Cheque payable to 'City of Bristol Rowing Club' . Membership fees are due on 1 Oct and are calculated on a pro rata basis for members joining part way through the year.	
<input type="checkbox"/> Full (£306)	<input type="checkbox"/> Student (£216)
<input type="checkbox"/> Learn to row (£153)	<input type="checkbox"/> Enhanced (with racking for one seat) (£306+£174=£480)

Volunteering	
Our club is run by volunteers. The committee expects each member to contribute to the running of the club. We reserve the right to decline new membership and renewal applications if we consider an individual is not prepared to volunteer and help in any way. Please indicate how you will volunteer:	
<input type="checkbox"/> Coxing	<input type="checkbox"/> Cleaning clubhouse
<input type="checkbox"/> Coaching	<input type="checkbox"/> Boat maintenance
<input type="checkbox"/> Towing trailer	<input type="checkbox"/> Fundraising
<input type="checkbox"/> Helping at regatta	<input type="checkbox"/> Helping at head race
<input type="checkbox"/> Joining committee	<input type="checkbox"/> Assisting 'learn to row'
<input type="checkbox"/> Corporate row	<input type="checkbox"/> Cake baking!

Personal health
Rowing and its associated training can be a strenuous activity. You should therefore be in good health and have no medical or physical condition precluding heavy exercise. If there is any doubt you should first consult your doctor. Some conditions such as asthma and diabetes do not prevent individuals participating in the sport, but you do have a duty to declare any condition that might put yourself or others at risk. You also have a duty to declare any change in personal health whilst a member of the club that may put yourself or others at risk. It is important therefore that you inform those around you e.g. coaches, of any condition they may have to deal with in the event of an emergency.

Swimming ability

For your own safety it is important that you are a competent swimmer. You must be able to swim 100m in light clothing.

Declaration of your personal health and swimming ability

You must sign this declaration to be accepted as a member of City of Bristol Rowing Club. This declaration must be completed before any activity is undertaken.

I have read and understood both the personal health and swimming ability statements above and declare that I can / cannot* meet the minimum swimming requirements and I have no need to seek medical approval / have been passed medically fit* to row.

I agree to inform the club, coaches and crew of any change in my personal health or swimming proficiency that may put me or others at risk.

I give consent for any supervising personnel to give emergency medical attention should the unlikely need arise.

*(Delete as applicable)

Applicant's Signature Date.....

Data protection

I understand that when I join the club the information provided in this form will be retained on a database and will be used for the purposes of club administration. We will keep your information for as long as you are a member of the club. We may disclose personal data in order to comply with a legal or regulatory obligation or in case of an emergency. By providing us with your personal information, you consent to our processing your sensitive personal data, such as health data, for the above purposes. If you provide us with information about another person, you confirm that they have appointed you to act for them, to consent to the processing of their personal data including sensitive personal data and that you have informed them of our identity and the purposes (as set out above) for which their personal data will be processed. You are entitled to ask for a copy of the information we hold about you and to have any inaccuracies in your information corrected.

- 1) I agree that my name, my *e-mail address/ *home telephone number/ *mobile telephone number/ may be published in the '**Members only section**' of the club's website. * Delete as appropriate
- 2) I confirm that the information provided in this form is true and correct.

Signature:

Date:

<https://www.britishrowing.org/knowledge/club-support/managing-your-club/data-protection/>

Boathouse rules

1. All members must pay their subscriptions and racking fee before using any club equipment.
2. All members must have their squad Captain's permission to use equipment (boat and blades).
3. Book all boats via the website booking system before every outing, including competitions.
4. CoBRC equipment is not to be used by other clubs.
5. Do not change the rigging of a boat without asking your squad captain.
6. Clean boats regularly.
7. Put trestles away and keep the boathouse tidy.
8. Damage to boats and equipment must be reported to your squad captain and boatman.
9. Lock all doors if you are the last person to use the boathouse.
10. Bikes are not allowed in the boathouse. Lock them to the railings.
11. Anyone found in breach of the above rules risks forfeiting their membership and use of any club equipment.

Safety guidelines

1. All members must be able to swim 100 metres unaided in light kit.
 2. All coxes must wear buoyancy aids / lifejackets for all outings.
 3. All accidents resulting in injury, however minor, are to be reported to the Safety Officer and an Incident report must be completed.
 4. All rowers are to take responsibility for their own and other's safety. All potential risks to health and safety are to be reported to the Safety Officer.
 5. All rowers should check equipment, in particular bow balls and heel restraints, is in good order before each outing.
 6. All damage to be marked and reported to the boatman.
 7. All outings must be logged on the white board and removed when the crew return to the boathouse.
 8. No more than 14 boats may be on the water at any one time.
 9. All harbour and club laws and bylaws shall be abided by at all times.
- Please read the British Rowing Safety Code of Practice poster in the boathouse and the CoBRC Handbook. If you have any further questions regarding safety, please ask the Safety Officer.

I have read, understand and agree to abide by City of Bristol Rowing Club's boathouse rules and safety guidelines.

Signed.....Date.....



City Of Bristol Rowing Club

Standing Order Form

If you've chosen the monthly standing order option above, **set up the standing order yourself via online banking using the details on this page. Please put the member's name as the reference.** If we can't identify your payment we can't credit your account.

Only if you do not have online banking should you complete this page in BLOCK CAPITALS and hand it to our club treasurer. PLEASE DO NOT EMAIL THIS FORM. IT MUST BE PRINTED AND SIGNED!

To: NAME OF YOUR BANK	
Bank address:	
Postcode:	
Account name:	
Account number:	
Sort code:	

Please pay:	City of Bristol Rowing Club
Bank name:	CAF Bank
Account number:	00017153
Sort code:	40-52-40

The sum of <small>TICK THE APPROPRIATE BOX</small>		
<input type="checkbox"/> £25.50	Twenty five pounds	Full membership
<input type="checkbox"/> £18.00	Seventeen pounds, fifty pence	Student membership
<input type="checkbox"/> £18.50	Eighteen pounds	Junior membership
<input type="checkbox"/> £3.00	Three pounds	Cox membership
<input type="checkbox"/> £40.00	Thirty nine pounds, twenty-five pence	Full membership plus racking for one seat
<input type="checkbox"/> £		Other amount (please specify)

per month on the 1st monthly, until further notice.

Date of 1st payment:

Payment reference:

ENTER THE MEMBER'S NAME HERE

This mandate amends any previous mandate in favour of the Club.

Signed

Date

**Gift Aid declaration – for past,
present & future donations**

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Name of charity or Community Amateur Sports Club

Please treat as Gift Aid donations all qualifying gifts of money made

today in the past 4 years in the future

Please tick all boxes you wish to apply.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Donor's details

Title -----

First name or initial(s) -----

Surname -----

Full home address -----

Postcode -----

Date -----

Signature -----

Please notify the charity or CASC if you:

Want to cancel this declaration

Change your name or home address

No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.