

Seat/Monorail Problems

Seat bumpy when rolling.



This is usually caused by dirt on seat rollers or monorail, or worn out seat rollers. Clean rollers and monorail. Replace top seat rollers if worn out.

There is black residue on the top of the monorail.



The black flakes on your rail are normal. They are a combination of dirt, perspiration, molydisulfide (a lubricant from the plastic rollers) and a very small amount of the nylon plastic that the rollers are made of.

These four components are subjected to the mechanical action of the rollers and can dry and harden on the rail.

To remove the black residue you should clean the monorail. Wipe monorail with a cloth or non-abrasive scouring pad after use. You can use soap and water or any glass cleaner. **Do not** use mineral acids, bleach or coarse abrasives.

Seat hits end of track while rowing.

Usually caused by long legs! It is possible that you will hit the end of the monorail while just

sitting, but not while actually rowing. We recommend that you try a test row before making adjustments. If you hit the end of the monorail while rowing with the seat rollers in the standard position, you can extend the travel distance of the seat by 1 inch.

Use two 9/16" or 14mm spanners to loosen the bolt holding the rear top seat roller in the seat carriage. Remove the roller and hardware on the rear of the seat. Place the roller and hardware in the next hole over in the same order in which you removed it. Tighten the nut. If this doesn't extend the seat far enough for you, please contact us to purchase an extended length monorail.

Seat wobbles from side to side on monorail.

After extended use, the fit of the seat on the monorail may become loose due to wear on the rollers. You may move the bottom rollers to a tighter hole toward the front of the seat by following one of the following steps.

1. The top roller must be removed and the seat slid up to front of monorail and off. Use two 9/16" or 14mm spanners to do this. Use a 9/16" spanner and an Allen key to loosen and tighten the bottom rollers.
2. The top of the rear leg must be removed from the monorail using a 7/16" or 11mm spanner and an Allen key. The seat can then be slid off the rear of the monorail. Use a 9/16" or 14mm spanner and an Allen key to loosen and tighten the bottom rollers.